

PATIENT NAME: _____ DATE: _____

10 YEAR SPORTS QUESTIONNAIRE SUDDEN CARDIAC DEATH

UNCOVERING a PATIENT at RISK of SCD

To assess the risk of sudden cardiac death, ask these questions (or have parents complete this form) at periodic well-child visits: neonatal, preschool, before and during middle school, and before and during high school.

Patient History	YES	NO
Has your child fainted or passed out DURING exercise, emotion, or startle?		
Has your child fainted or passed out AFTER exercise?		
Has your child had extreme fatigue associated with exercise (different from other children)?		
Has your child ever had unusual ore extreme shortness of breath during exercise?		
Has your child ever had discomfort, pain, or pressure in his chest during exercise, or complained of his heart "racing" or "skipping beats"?		
Has a doctor ever told you that your child has: <u> </u> high blood pressure <u> </u> high cholesterol <u> </u> heart murmur or <u> </u> heart infection? (Check which one, if any "yes" answer)		
Has a doctor ever ordered a test for your child's heart?		
Has your child ever been diagnosed with an unexplained seizure disorder or exercise-induced asthma?		
Family History		
Has any family member had a sudden, unexpected, unexplained death before age 50 (including from sudden infant death syndrome (SIDS), car accident, drowning)?		
Has any family member died suddenly of a "heart problem" before age 50?		
Has any family member had unexplained fainting or seizures?		
Do any relatives have a heart condition such as:		
Hypertrophic cardiomyopathy		
Dilated cardiomyopathy		
Aortic rupture or Marfan syndrome or Ehlers-Danlos syndrome		
Coronary artery atherosclerotic diseases (heart attack, age 50 years or younger)		
Arrhythmogenic right ventricular cardiomyopathy		
Long QT syndrome		
Short QT syndrome		
Brugada syndrome		
Catecholaminergic ventricular tachycardia		
Primary pulmonary hypertension		
Pacemaker or implanted cardiac defibrillator		
Congenital deafness (deafness at birth)		

Please explain any "Yes" answers here:

Risk Reduction, This includes safety precautions to prevent injuries and identification of students and staff with medical conditions that may result in sudden cardiac arrest.